



## **Yoga for Professionals**

ACTS Medical recognizes that Loupes help dental and surgical professionals prevent fatigue and yoga exercises can help reducing stress levels built up on eyes, neck, shoulder and back part of body. Therefore ACTS Medical developed special yoga exercises program under its STAC Education Series. These exercises can be done in the office, during the office time. The 20 minute exercise schedule has been tailor made for Dentists, Surgeons and Hygienists. [More Information](#)

### **Special Training Programs for**

- Dentists
- Surgeons
- Hygienists